

4TODAY[®] FAMILY OF PRODUCTS

4TODAY[®] Supplements are Designed and Patented to Address the Following:

"DAILY GENERAL NUTRITION"

PRODUCTS	BODY ORGANS	INGREDIENTS or DEFICIENCY
ESSENTIAL All Systems Multi-Vitamin/Mineral Phytonutrient & Enzyme Blend, Herbs, Essential Fatty Acids	Essential Nutrition for the Entire Body	<i>Essential</i> supplies all Vitamins, Minerals, Phytonutrients, Enzymes, Herbs & Essential Fatty Acids for the entire body, including: Vitamins: A, Beta Carotene, C, D, E, B-1, B-2, B-6, B-12, Folic Acid, Niacin, Biotin, Pantothenic Acid Minerals: Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Choline, Manganese, Chromium, Vanadium, Boron. Phytonutrient & Enzyme: Proprietary Blend (see Products) Herbs: Ginkgo Biloba, Garlic, Cayenne Pepper Essential Fatty Acids: EHA, DHA
PRIMARY NUTRITION All Systems Multi-Vitamin/Mineral Phytonutrient & Enzyme Blend, Herbs, Essential Fatty Acids	Primary Nutrition for the Entire Body	<i>Primary Nutrition</i> supplies all Vitamins & Minerals for the entire body, including: Vitamins: A, Beta Carotene, C, D, E, B-1, B-2, Niacin, B-6, Folic Acid, B-12, Biotin, Pantothenic Acid Minerals: Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Potassium, Vanadium, Boron, Choline.

"TARGETED NUTRITION"

for Body Structure

MUSCLE SUPPORT Muscle System Magnesium and Manganese	Eyes, Stomach, Uterus, Intestines, Heart, Muscles, Cardio Vascular, Enzymes, Nerves	Spasms, Headaches, Eye Twitching, Poor Enzyme Function, Charlie Horse, Irregular Heart Beat, Seizures, Constipation, Leg Aches, Irritability of Nerves and Muscles.
SKELETAL SUPPORT Skeletal System Calcium and Magnesium	Teeth, Bones, Tendons, Ligaments, Body pH, Nerve Transmission	Bone Density, Numbness, Nervousness, Disorientation, Achy, Twitching, Disc and Back, Leg Cramps, Carpal Tunnel, Lengthy Menstruation.

for Blood Sugar

CHELATED CHROMIUM Glycogen System Chromium and Niacin	Pancreas, Increases Effect of Insulin, Stimulates Synthesis of Fatty Acids, Lowers Cholesterol, Glucose and Fat Metabolism	Glucose Intolerance, High & Low Blood Sugar Levels, Low Energy, Arterial Plaque.
ENDOCRINE SUPPORT Endocrine System Manganese and Iodine	Thymus, Testis, Ovaries, Thyroid, Parathyroid, Pancreas, Pineal, Pituitary, Adrenal-Cortex, Gall Bladder, Liver	P.M.S., Weight, Low Thyroid, Depression, Temperature, Sugar, Fluids, Stress, Fatigue, High & Low Blood Sugar Levels, Low Fertility, Blood Pressure.
CHELATED ZINC DNA System Zinc	Reproductive Organs, DNA Production, Protein Production, Skin, Hair, Nails, Eyes, Immune, Bone Regeneration	Decreased Alertness, Fatigue, Prolonged Healing, Low Sperm Count, Prostate, Loss of Smell, Taste, Hair Loss, Excessive Body Odor, White Spots or Ridges on Nails, High Cholesterol, Infertility, Retarded Growth, Cataracts, Night Blindness.

***These statements have not been evaluated by the Food and Drug Administration (FDA).
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"TARGETED NUTRITION", Cont.

PRODUCTS	BODY ORGANS	INDICATION OF DEFICIENCY
for Blood System		
CHELATED IRON <i>Blood System</i> Iron	Red and White Blood Cells, Platelets	Low or High Red Blood Count, Low Energy, Low Oxygen Uptake, Low Immunity, Pale Skin Coloring, Shortness of Breath, Hair Loss, Fluid Retention, Skin Sores.
for Energy		
PURE ENERGY <i>All Systems</i>	Energy for the Entire Body	Tired, Stressed, Exhausted, Overwhelmed, Needing Extra Energy Support, Poor Concentration, Inability to Focus or Think Clearly.
CELLULAR SUPPORT <i>Cellular System</i> Calcium, Phosphorus Magnesium, Potassium	Cells, Electrolytes, ATP Production, Mitochondrion	Nervousness, Fluid Retention, Low Energy, Stress, Low Electrolyte Minerals, Blood Pressure.
ENDOCRINE SUPPORT <i>Endocrine System</i> Manganese and Iodine	Thymus, Testis, Ovaries, Thyroid, Parathyroid, Pancreas, Pineal, Pituitary, Adrenal-Cortex, Gall Bladder, Liver	P.M.S., Weight, Low Thyroid, Depression, Temperature, Sugar, Fluids, Stress, Fatigue, High & Low Blood Sugar Levels, Low Fertility, Blood Pressure.
CHELATED IRON <i>Blood System</i> Iron	Red and White Blood Cells, Platelets	Low or High Red Blood Count, Low Energy, Low Oxygen Uptake, Low Immunity, Pale Skin Coloring, Shortness of Breath, Hair Loss, Fluid Retention, Skin Sores.
for Female Support		
ENDOCRINE SUPPORT <i>Endocrine System</i> Manganese and Iodine	Thymus, Ovaries, Thyroid, Parathyroid, Pancreas, Pineal, Pituitary, Adrenal- Cortex, Gall Bladder, Liver	P.M.S., Weight, Low Thyroid, Depression, Temperature, Sugar, Fluids, Stress, Fatigue, High & Low Blood Sugar Levels, Low Fertility, Blood Pressure.
CHELATED MAGNESIUM <i>Female Reproductive System</i> Magnesium	Vulva, Vagina, Uterus, Ovaries, Muscular Support, Vascular and Nerve Supply	Heavy Menstrual Flow, Irregularity, Spotting, P.M.S., Cramping
CELLULAR SUPPORT <i>Cellular System</i> Calcium, Phosphorus Magnesium, Potassium	Cells, Electrolytes, ATP Production, Mitochondrion	Nervousness, Fluid Retention, Low Energy, Stress, Low Electrolyte Minerals, Blood Pressure.

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PRODUCTS	BODY ORGANS	INDICATION OF DEFICIENCY
for Immune Support		
IMMUNE SUPPORT Immune System Vitamin E, Zinc, Magnesium Selenium, Copper, Manganese	Skin, Thymus, Lymphatics, Tonsils, Anti-Oxidant, Free- Radical Protection	Degenerative Diseases, Colds, Flu, Allergies, Bronchial and Lung Disorders, Yeast, Viruses, Bacterial Infection, Parasites.
CHELATED IRON Blood System Iron	Red and White Blood Cells, Platelets	Low or High Red Blood Count, Low Energy, Low Oxygen Uptake, Low Immunity, Pale Skin Coloring, Shortness of Breath, Hair Loss, Fluid Retention, Skin Sores.
for Male Support		
ENDOCRINE SUPPORT Endocrine System Manganese and Iodine	Thymus, Testis, Ovaries, Thyroid, Parathyroid, Pancreas, Pineal, Pituitary, Adrenal- Cortex, Gall Bladder, Liver	Weight, Low Thyroid, Depression, Temperature, Sugar, Fluids, Stress, Fatigue, High & Low Blood Sugar Levels, Low Fertility, Blood Pressure.
CHELATED ZINC DNA System Zinc	Reproductive Organs, DNA Production, Protein Production, Skin, Hair, Nails, Eyes, Immune, Bone Regeneration	Decreased Alertness, Fatigue, Prolonged Healing, Low Sperm Count, Prostate, Loss of Smell, Taste, Hair Loss, Excessive Body Odor, White Spots or Ridges on Nails, High Cholesterol, Infertility, Retarded Growth, Cataracts, Night Blindness.
for Vision Support		
MUSCLE SUPPORT Muscle System Magnesium and Manganese	Eyes, Stomach, Uterus, Intestines, Heart, Muscles, Cardio Vascular, Enzymes, Nerves	Spasms, Headaches, Eye Twitching, Poor Enzyme Function, Charley Horse, Irregular Heart Beat, Seizures, Constipation, Leg Aches, Irritability of Nerves and Muscles.
CHELATED ZINC DNA System Zinc	Reproductive Organs, DNA Production, Protein Production, Skin, Hair, Nails, Eyes, Immune, Bone Regeneration	Decreased Alertness, Fatigue, Prolonged Healing, Low Sperm Count, Prostate, Loss of Smell, Taste, Hair Loss, Excessive Body Odor, White Spots or Ridges on Nails, High Cholesterol, Infertility, Retarded Growth, Cataracts, Night Blindness.

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