

4TODAY® FAMILY OF PRODUCTS

4TODAY® and LifeZone® Supplements are Designed and Patented to Address the Following:

"DAILY GENERAL NUTRITION"		
PRODUCTS	BODY ORGANS	INGREDIENTS or DEFICIENCY
4TODAY® Essential All Systems <i>Multi-Vitamin/Mineral Phytonutrient & Enzyme Blend, Herbs, Essential Fatty Acids</i>	Basic Nutrition for the Entire Body	4TODAY® Essential supplies all Vitamins, Minerals, Phytonutrients, Enzymes, Herbs & Essential Fatty Acids for the entire body, including: Vitamins: A, Beta Carotene, C, D, E, B-1, B-2, B-6, B-12, Folic Acid, Niacin, Biotin, Pantothenic Acid Minerals: Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Choline, Manganese, Chromium, Vanadium, Boron. Phytonutrient & Enzyme: Proprietary Blend (see Products) Herbs: Ginkgo Biloba, Garlic, Cayenne Pepper Essential Fatty Acids: EHA, DHA
LifeZone® Basic Plus All Systems <i>Multi-Vitamin/Mineral</i>	Basic Nutrition for the Entire Body	LifeZone® Basic Plus supplies all Vitamins & Minerals for the entire body, including: Vitamins: A, Beta Carotene, C, D, E, B-1, B-2, Niacin, B-6, Folic Acid, B-12, Biotin, Pantothenic Acid Minerals: Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Potassium, Vanadium, Boron, Choline.
"TARGETED NUTRITION"		
for Body Structure		
LifeZone® Kela® M Muscle System <i>Magnesium and Manganese</i>	Eyes, Stomach, Uterus, Intestines, Heart, Muscles, Cardio Vascular, Enzymes, Nerves	Spasms, Headaches, Eye Twitching, Poor Enzyme Function, Charlie Horse, Irregular Heart Beat, Seizures, Constipation, Leg Aches, Irritability of Nerves and Muscles.
LifeZone® Kela® S Skeletal System <i>Calcium and Magnesium</i>	Teeth, Bones, Tendons, Ligaments, Body pH, Nerve Transmission	Bone Density, Numbness, Nervousness, Disorientation, Achy, Twitching, Disc and Back, Leg Cramps, Carpal Tunnel, Lengthy Menstruation.
for Blood Sugar		
LifeZone® Kela® Chromium Glycogen System <i>Chromium and Niacin</i>	Pancreas, Increases Effect of Insulin, Stimulates Synthesis of Fatty Acids, Lowers Cholesterol, Glucose and Fat Metabolism	Glucose Intolerance, High & Low Blood Sugar Levels, Low Energy, Arterial Plaque.
LifeZone® Kela® E Endocrine System <i>Manganese and Iodine</i>	Thymus, Testis, Ovaries, Thyroid, Parathyroid, Pancreas, Pineal, Pituitary, Adrenal-Cortex, Gall Bladder, Liver	P.M.S., Weight, Low Thyroid, Depression, Temperature, Sugar, Fluids, Stress, Fatigue, High & Low Blood Sugar Levels, Low Fertility, Blood Pressure.
LifeZone® Kela® Zinc DNA System <i>Zinc</i>	Reproductive Organs, DNA Production, Protein Production, Skin, Hair, Nails, Eyes, Immune, Bone Regeneration	Decreased Alertness, Fatigue, Prolonged Healing, Low Sperm Count, Prostate, Loss of Smell, Taste, Hair Loss, Excessive Body Odor, White Spots or Ridges on Nails, High Cholesterol, Infertility, Retarded Growth, Cataracts, Night Blindness.

***These statements have not been evaluated by the Food and Drug Administration (FDA).
 These statements are not intended to diagnose, treat, cure or prevent any disease.***

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4TODAY® and LifeZone® Supplements are Designed and Patented to Address the Following:

"TARGETED NUTRITION", Cont.		
PRODUCTS	BODY ORGANS	INDICATION OF DEFICIENCY
for Blood System		
LifeZone® Kela® +2 Iron <u>Blood System</u> <i>Iron</i>	Red and White Blood Cells, Platelets	Low or High Red Blood Count, Low Energy, Low Oxygen Uptake, Low Immunity, Pale Skin Coloring, Shortness of Breath, Hair Loss, Fluid Retention, Skin Sores.
for Energy		
4Today® Pure Energy <u>All Systems</u>	Energy for the Entire Body	Tired, Stressed, Exhausted, Overwhelmed, Needing Extra Energy Support, Poor Concentration, Inability to Focus or Think Clearly.
LifeZone® Kela® Cell Lite <u>Cellular System</u> <i>Calcium, Phosphorus Magnesium, Potassium</i>	Cells, Electrolytes, ATP Production, Mitochondrion	Nervousness, Fluid Retention, Low Energy, Stress, Low Electrolyte Minerals, Blood Pressure.
LifeZone® Kela® E <u>Endocrine System</u> <i>Manganese and Iodine</i>	Thymus, Testis, Ovaries, Thyroid, Parathyroid, Pancreas, Pineal, Pituitary, Adrenal-Cortex, Gall Bladder, Liver	P.M.S., Weight, Low Thyroid, Depression, Temperature, Sugar, Fluids, Stress, Fatigue, High & Low Blood Sugar Levels, Low Fertility, Blood Pressure.
LifeZone® Kela® +2 Iron <u>Blood System</u> <i>Iron</i>	Red and White Blood Cells, Platelets	Low or High Red Blood Count, Low Energy, Low Oxygen Uptake, Low Immunity, Pale Skin Coloring, Shortness of Breath, Hair Loss, Fluid Retention, Skin Sores.
for Female Support		
LifeZone® Kela® E <u>Endocrine System</u> <i>Manganese and Iodine</i>	Thymus, Testis, Ovaries, Thyroid, Parathyroid, Pancreas, Pineal, Pituitary, Adrenal-Cortex, Gall Bladder, Liver	P.M.S., Weight, Low Thyroid, Depression, Temperature, Sugar, Fluids, Stress, Fatigue, High & Low Blood Sugar Levels, Low Fertility, Blood Pressure.
LifeZone® Kela® F <u>Female Reproductive System</u> <i>Magnesium</i>	Vulva, Vagina, Uterus, Ovaries, Muscular Support, Vascular and Nerve Supply	Heavy Menstrual Flow, Irregularity, Spotting, P.M.S., Cramping
LifeZone® Kela® Cell Lite <u>Cellular System</u> <i>Calcium, Phosphorus Magnesium, Potassium</i>	Cells, Electrolytes, ATP Production, Mitochondrion	Nervousness, Fluid Retention, Low Energy, Stress, Low Electrolyte Minerals, Blood Pressure.
LifeZone® Kela® +2 Iron <u>Blood System</u> <i>Iron</i>	Red and White Blood Cells, Platelets	Low or High Red Blood Count, Low Energy, Low Oxygen Uptake, Low Immunity, Pale Skin Coloring, Shortness of Breath, Hair Loss, Fluid Retention, Skin Sores.

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PRODUCTS	BODY ORGANS	INDICATION OF DEFICIENCY
for Immune Support		
LifeZone® Kela® I <u>Immune System</u> <i>Vitamin E, Zinc, Magnesium, Selenium, Copper, Manganese</i>	Skin, Thymus, Lymphatics, Tonsils, Anti-Oxidant, Free-Radical Protection	Degenerative Diseases, Colds, Flu, Allergies, Bronchial and Lung Disorders, Yeast, Viruses, Bacterial Infection, Parasites.
LifeZone® Kela® +2 Iron <u>Blood System</u> <i>Iron</i>	Red and White Blood Cells, Platelets	Low or High Red Blood Count, Low Energy, Low Oxygen Uptake, Low Immunity, Pale Skin Coloring, Shortness of Breath, Hair Loss, Fluid Retention, Skin Sores.
for Male Support		
LifeZone® Kela® E <u>Endocrine System</u> <i>Manganese and Iodine</i>	Thymus, Testis, Ovaries, Thyroid, Parathyroid, Pancreas, Pineal, Pituitary, Adrenal-Cortex, Gall Bladder, Liver	Weight, Low Thyroid, Depression, Temperature, Sugar, Fluids, Stress, Fatigue, High & Low Blood Sugar Levels, Low Fertility, Blood Pressure.
LifeZone® Kela® Zinc <u>DNA System</u> <i>Zinc</i>	Reproductive Organs, DNA Production, Protein Production, Skin, Hair, Nails, Eyes, Immune, Bone Regeneration	Decreased Alertness, Fatigue, Prolonged Healing, Low Sperm Count, Prostate, Loss of Smell, Taste, Hair Loss, Excessive Body Odor, White Spots or Ridges on Nails, High Cholesterol, Infertility, Retarded Growth, Cataracts, Night Blindness.
for Vision Support		
LifeZone® Kela® M <u>Muscle System</u> <i>Magnesium and Manganese</i>	Eyes, Stomach, Uterus, Intestines, Heart, Muscles, Cardio Vascular, Enzymes, Nerves	Spasms, Headaches, Eye Twitching, Poor Enzyme Function, Charley Horse, Irregular Heart Beat, Seizures, Constipation, Leg Aches, Irritability of Nerves and Muscles.
LifeZone® Kela® Zinc <u>DNA System</u> <i>Zinc</i>	Reproductive Organs, DNA Production, Protein Production, Skin, Hair, Nails, Eyes, Immune, Bone Regeneration	Decreased Alertness, Fatigue, Prolonged Healing, Low Sperm Count, Prostate, Loss of Smell, Taste, Hair Loss, Excessive Body Odor, White Spots or Ridges on Nails, High Cholesterol, Infertility, Retarded Growth, Cataracts, Night Blindness.

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